

# DYSAUTONOMIA INTERNATIONAL 14<sup>TH</sup> ANNUAL CONFERENCE HOUSTON, TX ■ JULY 9-12, 2026

## PIECE BY PIECE

### BUILDING THE FUTURE OF DYSAUTONOMIA CARE

# AGENDA

All times are listed in Central Daylight Time. Schedule subject to change as we finalize conference logistics. Registered guests may attend any session on the agenda, other than Teen Room sessions, which are for guests aged 12-18. Some sessions offer optional continuing education credits for an additional fee. See [DysConf.org](https://dysconf.org) for registration options and credit availability.

 session will be recorded

 Continuing Medical Education credits

 session will be livestreamed

 Dysautonomia Rehab Intensive credits

## THURSDAY, JULY 9, 2026

6:00 PM - 9:00 PM

### Registration Materials Pickup

*Waterway Foyer*

6:00 PM - 7:00 PM

### Welcome Reception with Light Refreshments & Snacks

*Waterway Foyer*

### Teen Human Bingo and POTS & Pals Meetup

*Teen Room*

6:30 PM - 7:00 PM

### “Never Have I Ever” Game: Dysautonomia Edition

Join us for a Family-Friendly Non-Alcoholic Hydration Drinking Game

*Waterway 5 Ballroom*

7:00 PM - 9:00 PM

### Singo Game

Bingo + Karaoke + Prizes = Singo!

*Waterway 6,7,8 Ballroom*

# FRIDAY, JULY 10, 2026

8:00 AM - 5:00 PM

## Registration & Help Desk

*Waterway Foyer*

## Hydration Station

Quiet seating area with salty snacks & electrolyte drinks

*Waterway 1 Ballroom*

9:00 AM - 9:10 AM

## Welcome Remarks

Charlotte Florez, Dysautonomia International

*Waterway 6,7,8 Ballroom*  

9:10 AM - 9:50 AM

## Revolution in Progress: Empowering Dysautonomia Patients in the Patient-Led Research Revolution

Lauren Stiles, JD, Dysautonomia International

*Waterway 6,7,8 Ballroom*  

10:00 AM - 10:50 AM

## A Clinical Approach to Autonomic Nervous System Disorders

Brent Goodman, MD, Honor Health

*Waterway 6,7,8 Ballroom*   

## Ice Breaker Games

*Teen Room*


11:00 AM - 11:50 AM

## Evaluation of Small Fiber Neuropathies in Dysautonomia Patients

Kamal Chémali, MD, Case Western Reserve University School of Medicine

*Waterway 6,7,8 Ballroom*   

## Research Updates: Brief Oral Abstracts

*Waterway 5 Ballroom* 

## All About POTS

Jeffrey Boris, MD, Jeffrey R. Boris MD, LLC

*Teen Room*

11:50 AM - 2:00 PM

## Boxed Lunch & Regional Meetups

*Town Center South*

2:00 PM - 2:50 PM

**2026 Update: Diagnosis & Management of POTS**

Satish Raj, MD, MSCI, University of Calgary

Waterway 6,7,8 Ballroom   

**Research Updates: Brief Oral Abstracts**

Waterway 5 Ballroom 

**Thriving in School with Dysautonomia**

Katherine Hut, Dysautonomia International

Teen Room

3:00 PM - 3:50 PM

**The Use of Medications in the Treatment of POTS**

Jeffrey Boris, MD, Jeffrey R. Boris, MD, LLC

Waterway 6,7,8 Ballroom   

**Long COVID POTS Immunotherapy: Clinical Trial Updates**

Tae Hwan Chung, MD, Shirley Ryan AbilityLab

Waterway 5 Ballroom 

**Research Updates: Brief Oral Abstracts**

Waterway 4 Ballroom 

**Your Autonomic Nervous System Does WHAT?!!!**

Meeryo Choe, MD, UCLA Pediatric Neurologist

Teen Room

4:00 PM - 4:50 PM

**Vasovagal Syncope: Lifestyle & Medication Management**

Howard Snapper, MD, Wellstar Center for Cardiovascular Care

Waterway 6,7,8 Ballroom   

**Research Updates from the University of Calgary Autonomic Clinic**

Satish Raj, MD, MSCI, University of Calgary

Waterway 5 Ballroom 

**Discussion Panel: Overcoming Intravenous Immunoglobulin Access Barriers**

Panelists: Lauren Stiles, JD, Dysautonomia International

Amy Miles, RN, Advanced Infusion Care

Craig Hintz, Advanced Infusion Care

Waterway 4 Ballroom 

**Teen Stories of Hope**

Teen Room

5:00 PM - 6:00 PM

**Texas Country Line Dancing**

Kick up your boots and join us for a wheelchair-inclusive line dancing class.

Montgomery B&C



# SATURDAY, JULY 11, 2026

8:00 AM - 5:00 PM

## Registration & Help Desk

*Waterway Foyer*

## Hydration Station

*Waterway 1 Ballroom*

9:00 AM - 9:50 AM

## Approach to GI Motility Evaluation in the Dysautonomia Population

Jay Pasricha, MBBS, MD, Mayo Clinic

*Waterway 6,7,8 Ballroom*   

## Sodium Channel Gain of Function Variants in Hyperhidrosis, POTS, and other Multi-Generational Dysautonomias

Malcolm Brock, MD, Johns Hopkins University School of Medicine

*Waterway 5 Ballroom* 

10:00 AM - 10:50 AM

## Treatment of Autonomic and Other Peripheral Neuropathies in Sjogren's Disease

Brent Goodman, MD, Honor Health

*Waterway 6,7,8 Ballroom*   

## Biomarkers in POTS

Blair Grubb, MD, FACC, University of Toledo Medical Center

*Waterway 5 Ballroom* 

## Nutritional & Dietary Supplementation for Mast Cell Activation Syndrome

**Management** Gregory A. Plotnikoff, MD, MTS, FACP, Minnesota Personalized Medicine

*Waterway 4 Ballroom* 

## Having the Guts to Talk About Gastrointestinal Problems When You Have Dysautonomia

*Teen Room*

11:00 AM - 12:30 PM

## Awards Luncheon

Join us for a buffet lunch as we honor outstanding advocates, volunteers, clinicians and researchers during our annual awards ceremony.

*Town Hall South (downstairs)*

12:30 PM- 5:00PM

### **Research Poster Viewing**

Research posters will be available for viewing from 12:30PM on Saturday until 12:30PM on Sunday.

*Town Hall South Foyer*

1:00 PM

### **Silent Auction Closes**

*Waterway Foyer*

1:00 PM - 1:50 PM

### **Overview of Hypermobile Ehlers Danlos Syndrome (hEDS)**

Alissa Zingman, MD, MPH, P.R.I.S.I.M Spine and Joint

*Waterway 6,7,8 Ballroom*   

### **Vagal Modulation of Immune Function**

Oliver Case, PhD, Univeristy College London

*Waterway 5 Ballroom* 

### **When Should We Push the Energy Envelope? Individualized Rehabilitation Approaches in ME/CFS and POTS**

Todd E. Davenport, PT, DPT, PhD, MPH, FAPTA, University of the Pacific

*Waterway 4 Ballroom* 

### **Scavenger Hunt Kickoff**

*Teen Room*

2:00 PM - 2:50 PM

### **Post-Treatment Lyme Syndrome and the Role of Dysautonomia**

John Aucott, MD, Johns Hopkins University School of Medicine

*Waterway 6,7,8 Ballroom*   

### **Listening to the Other Brain: The Gut–Autonomic Axis and the Future of Dysautonomia Care**

Jay Pasricha, MD, Mayo Clinic

*Waterway 5 Ballroom* 

### **Stories of Hope**

*Waterway 4 Ballroom* 

3:00 PM - 3:50 PM

**Diagnosis & Treatment of Hyperhidrosis in the Dysautonomia Population**

Malcolm Brock, MD, Johns Hopkins University School of Medicine

Waterway 6,7,8 Ballroom   

**Nausea, Vomiting & POTS: The Latest in Pediatric GI Research**

Katja Karrento, MD, Medical College of Wisconsin

Waterway 5 Ballroom 

**Sympathetic Ganglion Blocks and their use in Long COVID, POTS & Dysautonomia**

Anna Maria Bombardieri, MD, Stanford University

Waterway 4 Ballroom 

**Dating & Relationships with Dysautonomia**

Kristen Waldbieser, Dysautonomia International

Teen Room

4:00 PM - 4:50 PM

**The The Use of Intravenous Immunoglobulin in Autonomic Inflammatory Neuropathy**

Peter Novak, MD, PhD, Harvard Medical School, Brigham & Women's Hospital

Waterway 6,7,8 Ballroom   

**Long Term Outcomes in POTS: 20 Years of Follow Up**

Kate Bourne, PhD, University of Calgary

Waterway 5 Ballroom 

**Patient-Reported Outcomes Following Autonomic PT in Patients with POTS with and without Post-Exertional Malaise (PEM)**

Melissa Cortez, DO, University of Utah School of Medicine

Waterway 4 Ballroom 

**Ask the Dysautonomia Doc Anything!**

Teen Room

5:00 PM - 6:00 PM

**Silent Auction Checkout**

Please pick up and pay for your winning bid Items by 6PM.

Waterway Foyer

8:00 AM - 3:00 PM

## Registration & Help Desk

*Waterway Foyer*

## Hospitality Suite

*Waterway 1 Ballroom*

8:00 AM - 12:30 PM

## Research Poster Viewing

Town Hall South (downstairs)

8:00 AM - 8:50 AM

## POTS Rehabilitation: Identifying Multisystem Complexity That May Impact the Rehab Approach

Nicole Miranda, PT, DPT, Nicole Miranda Consulting, LLC

*Waterway 5 Ballroom*   

9:00 AM - 9:50 AM

## Vagus Nerve Stimulation in POTS

Raffaello Furlan, MD, Humanitas University

*Waterway 6,7,8 Ballroom*   

## Overview of the Utah ADaPT Program for Dysautonomia Rehabilitation

Lauren Ziaks, PT, DPT, ATC, NCS, Phoenix Concussion Recovery

*Waterway 5 Ballroom*   

## Know Your Rights: A Discussion Panel Addressing Common Legal Matters that Impact Dysautonomia Patients

Panelists: Shannon Koplitz, Dysautonomia International

Nancy Cavey, Esq., The Law Office of Nancy Cavey

Derik Taylor, Esq., Elder Law of Eastern Kentucky

*Waterway 4 Ballroom* 

## Tips & Tricks for Managing Headaches

Priyanka Shekhawat, MD, FAAP, Mass General Brigham Pediatric Neurologist

*Teen Room*

10:00 AM - 10:50 AM

### **Skin Manifestations of Autonomic Disorders**

Mohammed Numan, MD, UT Health Science Center at Houston

Waterway 6,7,8 Ballroom   

### **Pacemakers: A Potential Approach to POTS, OH & NCS**

Blair Grubb, MD, FACC, University of Toledo Medical Center

Waterway 4 Ballroom 

### **A Gentle Start: Initiating Exercise Rehab With a Homebound or Bedridden Dysautonomia Patient**

Clayton Powers, PT, DPT, University of Utah Health, Bateman Horne Center

Waterway 5 Ballroom   

### **Coping Skills Workshop for Dysautonomia Teens**

Teen Room

10:50 AM - 12:30 PM

### **Boxed Lunch & Photo Booth**

Town Center South (downstairs)

11:30 AM - 12:30 PM

### **Poster Session: Meet the Researchers & Poster Voting**

Dysautonomia patients are invited to vote for their favorite poster by 12:30 PM.

Authors of the poster with the most votes will receive the Patients' Choice Award during the Closing Ceremony.

Town Center South (downstairs)

12:30 PM - 1:20 PM

### **Overview of Post-Concussive Autonomic Dysfunction**

Meeryo Choe, MD, FAAN, UCLA David Geffen School of Medicine

Waterway 6,7,8 Ballroom   

### **From New Discovery to Your Medicine Cabinet: A Primer on the FDA Drug Approval Process and Patient Engagement in Drug Development**

Waterway 4 Ballroom 

### **Mindfulness, Music & Yoga for Dysautonomia Teens**

Liza Fisher, MBA, Registered Yoga Teacher/RYT200, Dysautonomia International

Teen Room

12:30 PM - 1:00 PM

**The UCLA Approach to Pediatric Post-Concussive Dysautonomia Rehabilitation**

Madison Harris, OT, UCLA

Waterway 5 Ballroom   

1:00 PM - 1:30 PM

**Aquatherapy for POTS: An Occupational Therapy Lens**

Kalavanya Dhruva, OTD, California State University

Waterway 5 Ballroom   

1:30 PM - 2:20 PM

**Migraine and Headache Disorders in the Dysautonomia Population**

Priyanka Shekhawat, MD, FAAP, Mass General Brigham Neurology Clinic

Waterway 6,7,8 Ballroom   

**Research Update: Identifying The Causes of Small Fiber Neuropathy in POTS**

Kamal Chémali, MD, Case Western Reserve University School of Medicine

Waterway 4 Ballroom 

**Dysautonomia Rehabilitation Intensive - Audience Q&A with the Rehab Experts**

All Dysautonomia Rehabilitation Intensive Speakers

Waterway 5 Ballroom   

**How to Raise Awareness about Dysautonomia in Your Community**

Ellie Jackson, Dysautonomia International

Teen Room

2:30 PM - 3:30 PM

**Final Q&A with the Doctors and Closing Ceremony**

Panel of Conference Speakers

Waterway 6,7,8 Ballroom  