

DYSAUTONOMIA INTERNATIONAL 14TH ANNUAL CONFERENCE HOUSTON, TX ■ JULY 9-12, 2026

PIECE BY PIECE

BUILDING THE FUTURE OF DYSAUTONOMIA CARE

AGENDA

All times are listed in Central Daylight Time. Schedule subject to change as we finalize conference logistics. Registered guests may attend any session on the agenda, other than Teen Room sessions, which are for guests aged 12-18. Some sessions offer optional continuing education credits for an additional fee. See [DysConf.org](https://dysconf.org) for registration options and credit availability.

 session will be recorded

 Continuing Medical Education credits

 session will be livestreamed

 Dysautonomia Rehab Intensive credits

THURSDAY, JULY 9, 2026

6:00 PM - 9:00 PM

Registration Materials Pickup

Waterway Foyer

6:00 PM - 7:00 PM

Welcome Reception with Light Refreshments & Snacks

Waterway Foyer

Teen Human Bingo and POTS & Pals Meetup

Teen Room

6:30 PM - 7:00 PM

“Never Have I Ever” Game: Dysautonomia Edition

Join us for a Family-Friendly Non-Alcoholic Hydration Drinking Game

Waterway 5 Ballroom

7:00 PM - 9:00 PM

Singo Game

Bingo + Karaoke + Prizes = Singo!

Waterway 6,7,8 Ballroom

FRIDAY, JULY 10, 2026

8:00 AM - 5:00 PM

Registration & Help Desk

Waterway Foyer

Hydration Station

Quiet seating area with salty snacks & electrolyte drinks

Waterway 1 Ballroom

9:00 AM - 9:10 AM

Welcome Remarks

Charlotte Florez, Dysautonomia International

Waterway 6,7,8 Ballroom  

9:10 AM - 9:50 AM

Revolution in Progress: Empowering Dysautonomia Patients in the Patient-Led Research Revolution

Lauren Stiles, JD, Dysautonomia International

Waterway 6,7,8 Ballroom  

10:00 AM - 10:50 AM

A Clinical Approach to Autonomic Nervous System Disorders

Brent Goodman, MD, Honor Health

Waterway 6,7,8 Ballroom   

Ice Breaker Games

Teen Room


11:00 AM - 11:50 AM

Evaluation of Small Fiber Neuropathies in Dysautonomia Patients

Kamal Chémali, MD, Case Western Reserve University School of Medicine

Waterway 6,7,8 Ballroom   

Research Updates: Brief Oral Abstracts

Waterway 5 Ballroom 

All About POTS

Jeffrey Boris, MD, Jeffrey R. Boris MD, LLC

Teen Room

11:50 AM - 2:00 PM

Boxed Lunch & Regional Meetups

Town Center South

2:00 PM - 2:50 PM

2026 Update: Diagnosis & Management of POTS

Satish Raj, MD, MSCI, University of Calgary

Waterway 6,7,8 Ballroom   

Research Updates: Brief Oral Abstracts

Waterway 5 Ballroom 

Thriving in School with Dysautonomia

Katherine Hut, Dysautonomia International

Teen Room

3:00 PM - 3:50 PM

The Use of Medications in the Treatment of POTS

Jeffrey Boris, MD, Jeffrey R. Boris, MD, LLC

Waterway 6,7,8 Ballroom   

Long COVID POTS Immunotherapy: Clinical Trial Updates

Tae Hwan Chung, MD, Shirley Ryan AbilityLab

Waterway 5 Ballroom 

Research Updates: Brief Oral Abstracts

Waterway 4 Ballroom 

Your Autonomic Nervous System Does WHAT?!!!

Meeryo Choe, MD, UCLA Pediatric Neurologist

Teen Room

4:00 PM - 4:50 PM

Vasovagal Syncope: Lifestyle & Medication Management

Howard Snapper, MD, Wellstar Center for Cardiovascular Care

Waterway 6,7,8 Ballroom   

Research Updates from the University of Calgary Autonomic Clinic

Satish Raj, MD, MSCI, University of Calgary

Waterway 5 Ballroom 

Discussion Panel: Overcoming Intravenous Immunoglobulin Access Barriers

Waterway 4 Ballroom 

Teen Stories of Hope

Teen Room

5:00 PM - 6:00 PM

Texas Country Line Dancing

Kick up your boots and join us for a wheelchair-inclusive line dancing class.

Montgomery B&C



SATURDAY, JULY 11, 2026

8:00 AM - 5:00 PM

Registration & Help Desk

Waterway Foyer

Hydration Station

Waterway 1 Ballroom

9:00 AM - 9:50 AM

Approach to GI Motility Evaluation in the Dysautonomia Population

Jay Pasricha, MBBS, MD, Mayo Clinic

Waterway 6,7,8 Ballroom   

Sodium Channel Gain of Function Variants in Hyperhidrosis, POTS, and other Multi-Generational Dysautonomias

Malcolm Brock, MD, Johns Hopkins University School of Medicine

Waterway 5 Ballroom 

10:00 AM - 10:50 AM

Treatment of Autonomic and Other Peripheral Neuropathies in Sjogren's Disease

Brent Goodman, MD, Honor Health

Waterway 6,7,8 Ballroom   

Biomarkers in POTS

Blair Grubb, MD, FACC, University of Toledo Medical Center

Waterway 5 Ballroom 

Nutritional & Dietary Supplementation for Mast Cell Activation Syndrome

Management Gregory A. Plotnikoff, MD, MTS, FACP, Minnesota Personalized Medicine

Waterway 4 Ballroom 

Having the Guts to Talk About Gastrointestinal Problems When You Have Dysautonomia

Teen Room

11:00 AM - 12:30 PM

Awards Luncheon

Join us for a buffet lunch as we honor outstanding advocates, volunteers, clinicians and researchers during our annual awards ceremony.

Town Hall South (downstairs)

12:30 PM- 5:00PM

Research Poster Viewing

Research posters will be available for viewing from 12:30PM on Saturday until 12:30PM on Sunday.

Town Hall South Foyer

1:00 PM

Silent Auction Closes

Waterway Foyer

1:00 PM - 1:50 PM

Overview of Hypermobile Ehlers Danlos Syndrome (hEDS)

Alissa Zingman, MD, MPH, P.R.I.S.I.M Spine and Joint

Waterway 6,7,8 Ballroom   

Vagal Modulation of Immune Function

Oliver Case, PhD, Univeristy College London

Waterway 5 Ballroom

When Should We Push the Energy Envelope? Individualized Rehabilitation Approaches in ME/CFS and POTS

Todd E. Davenport, PT, DPT, PhD, MPH, FAPTA, University of the Pacific

Waterway 4 Ballroom

Scavenger Hunt Kickoff

Teen Room

2:00 PM - 2:50 PM

Post-Treatment Lyme Syndrome and the Role of Dysautonomia

John Aucott, MD, Johns Hopkins University School of Medicine

Waterway 6,7,8 Ballroom   

Listening to the Other Brain: The Gut–Autonomic Axis and the Future of Dysautonomia Care

Jay Pasricha, MD, Mayo Clinic

Waterway 5 Ballroom 

Stories of Hope

Waterway 4 Ballroom 

3:00 PM - 3:50 PM

Diagnosis & Treatment of Hyperhidrosis in the Dysautonomia Population

Malcolm Brock, MD, Johns Hopkins University School of Medicine

Waterway 6,7,8 Ballroom   

Nausea, Vomiting & POTS: The Latest in Pediatric GI Research

Katja Karrento, MD, Medical College of Wisconsin

Waterway 5 Ballroom 

Sympathetic Ganglion Blocks and their use in Long COVID, POTS & Dysautonomia

Anna Maria Bombardieri, MD, Stanford University

Waterway 4 Ballroom 

Dating & Relationships with Dysautonomia

Kristen Waldbieser, Dysautonomia International

Teen Room

4:00 PM - 4:50 PM

The The Use of Intravenous Immunoglobulin in Autonomic Inflammatory Neuropathy

Peter Novak, MD, PhD, Harvard Medical School, Brigham & Women's Hospital

Waterway 6,7,8 Ballroom   

Long Term Outcomes in POTS: 20 Years of Follow Up

Kate Bourne, PhD, University of Calgary

Waterway 5 Ballroom 

Patient-Reported Outcomes Following Autonomic PT in Patients with POTS with and without Post-Exertional Malaise (PEM)

Melissa Cortez, DO, University of Utah School of Medicine

Waterway 4 Ballroom 

Ask the Dysautonomia Doc Anything!

Teen Room

5:00 PM - 6:00 PM

Silent Auction Checkout

Please pick up and pay for your winning bid Items by 6PM.

Waterway Foyer

8:00 AM - 3:00 PM

Registration & Help Desk

Waterway Foyer

Hospitality Suite

Waterway 1 Ballroom

8:00 AM - 12:30 PM

Research Poster Viewing

Town Hall South (downstairs)

8:00 AM - 8:50 AM

POTS Rehabilitation: Identifying Multisystem Complexity That May Impact the Rehab Approach

Nicole Miranda, PT, DPT, Nicole Miranda Consulting, LLC

Waterway 5 Ballroom   

9:00 AM - 9:50 AM

Vagus Nerve Stimulation in POTS

Raffaello Furlan, MD, Humanitas University

Waterway 6,7,8 Ballroom   

Overview of the Utah ADaPT Program for Dysautonomia Rehabilitation

Lauren Ziaks, PT, DPT, ATC, NCS, Phoenix Concussion Recovery

Waterway 5 Ballroom   

Know Your Rights: A Discussion Panel Addressing Common Legal Matters that Impact Dysautonomia Patients

Panelists: Shannon Koplitz, Dysautonomia International

Nancy Cavey, Esq., The Law Office of Nancy Cavey

Derik Taylor, Esq., Elder Law of Eastern Kentucky

Waterway 4 Ballroom 

Tips & Tricks for Managing Headaches

Priyanka Shekhawat, MD, FAAP, Mass General Brigham Pediatric Neurologist

Teen Room

10:00 AM - 10:50 AM

Skin Manifestations of Autonomic Disorders

Mohammed Numan, MD, UT Health Science Center at Houston

Waterway 6,7,8 Ballroom   

Pacemakers: A Potential Approach to POTS, OH & NCS

Blair Grubb, MD, FACC, University of Toledo Medical Center

Waterway 4 Ballroom 

A Gentle Start: Initiating Exercise Rehab With a Homebound or Bedridden Dysautonomia Patient

Clayton Powers, PT, DPT, University of Utah Health, Bateman Horne Center

Waterway 5 Ballroom   

Coping Skills Workshop for Dysautonomia Teens

Teen Room

10:50 AM - 12:30 PM

Boxed Lunch & Photo Booth

Town Center South (downstairs)

11:30 AM - 12:30 PM

Poster Session: Meet the Researchers & Poster Voting

Dysautonomia patients are invited to vote for their favorite poster by 12:30 PM.

Authors of the poster with the most votes will receive the Patients' Choice Award during the Closing Ceremony.

Town Center South (downstairs)

12:30 PM - 1:20 PM

Overview of Post-Concussive Autonomic Dysfunction

Meeryo Choe, MD, FAAN, UCLA David Geffen School of Medicine

Waterway 6,7,8 Ballroom   

From New Discovery to Your Medicine Cabinet: A Primer on the FDA Drug Approval Process and Patient Engagement in Drug Development

Waterway 4 Ballroom 

Gentle Yoga

Teen Room

12:30 PM - 1:00 PM

The UCLA Approach to Pediatric Post-Concussive Dysautonomia Rehabilitation

Madison Harris, OT, UCLA

Waterway 5 Ballroom   

1:00 PM - 1:30 PM

Aquatherapy for POTS: An Occupational Therapy Lens

Kalavanya Dhruva, OTD, California State University

Waterway 5 Ballroom   

1:30 PM - 2:20 PM

Migraine and Headache Disorders in the Dysautonomia Population

Priyanka Shekhawat, MD, FAAP, Mass General Brigham Neurology Clinic

Waterway 6,7,8 Ballroom   

Research Update: Identifying The Causes of Small Fiber Neuropathy in POTS

Kamal Chémali, MD, Case Western Reserve University School of Medicine

Waterway 4 Ballroom 

Dysautonomia Rehabilitation Intensive - Audience Q&A with the Rehab Experts

All Dysautonomia Rehabilitation Intensive Speakers

Waterway 5 Ballroom   

How to Raise Awareness about Dysautonomia in Your Community

Ellie Jackson, Dysautonomia International

Teen Room

2:30 PM - 3:30 PM

Final Q&A with the Doctors and Closing Ceremony

Panel of Conference Speakers

Waterway 6,7,8 Ballroom  